



VANILLA

Nutritional Facts	
Serving Size 4 oz. (1/2 cup) (89g)	
Amount Per Serving	
Calories 110	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 22g	7%
Dietary Fiber 0g	0%
Sugars 17g	
Protein 4g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.

Ingredients: Nonfat Milk, Sugar, Cultured Lowfat Milk, Buttermilk, Corn Syrup, Microcrystalline Cellulose, Mono & Diglycerides, Natural Flavors, Guar Gum, Carrageenan, Cellulose Gum.
 *Cultured with live viable strains of *L. bulgaricus* and *S. thermophilus*

CHOCOLATE

Nutritional Facts	
Serving Size 4 oz. (1/2 cup) (89g)	
Amount Per Serving	
Calories 100	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 18g	
Protein 3g	
Vitamin A 2%	Vitamin C 0%
Calcium 8%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.

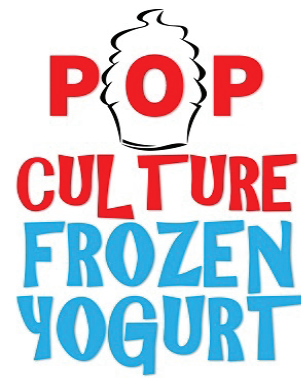
Ingredients: Nonfat Milk, Sugar, Cultured Lowfat Milk, Buttermilk, Corn Syrup, Cocoa (processed with alkali), Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Sodium Citrate, Carrageenan, Cellulose Gum.
 *Cultured with live viable strains of *L. bulgaricus* and *S. thermophilus*

STRAWBERRY

Nutritional Facts	
Serving Size 4 oz. (1/2 cup) (89g)	
Amount Per Serving	
Calories 90	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 21g	7%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 8%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.

Ingredients: Nonfat Milk, Sugar, Cultured Lowfat Milk, Sweet Buttermilk, Corn Syrup, Natural Flavors, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum.
 *Cultured with live viable strains of *L. bulgaricus* and *S. thermophilus*



SORBET (non-dairy)

Nutritional Facts	
Serving Size 4 oz. (1/2 cup) (88g)	
Amount Per Serving	
Calories 140	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 35g	12%
Dietary Fiber 0g	0%
Sugars 35g	
Protein 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.	

Ingredients: Water, Sugar, Dextrose, Citric Acid, Mono and Diglycerides, Locust Bean Gum, Guar Gum, Pectin, Sodium Benzoate (a preservative).

ORIGINAL TART

Nutritional Facts	
Serving Size 4 oz. (1/2 cup) (89g)	
Amount Per Serving	
Calories 90	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 21g	7%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 8%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.	

Ingredients: Cultured Skim Milk, Water, Sugar, Corn Syrup, Dextrose, Contains less than 1% of the following: Citric Acid, Mono & Diglycerides, Locust Bean Gum, Guar Gum, Xanthan Gum, Carrageenan, and Vitamin A Palmitate.

*Cultured with live viable strains of *L. acidophilus* and *S. thermophilus*



NSA VANILLA

Nutritional Facts	
Serving Size 4 oz. (1/2 cup) (86g)	
Amount Per Serving	
Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.	

Ingredients: Cultured Nonfat Milk, Nonfat Milk, Sweet Whey, Maltodextrin, Sorbitol, Polydextrose, Whey Protein Concentrate, Sweet Buttermilk, Microcrystalline Cellulose, Mono & Diglycerides, Natural Flavors, Aspartame, Guar Gum, Carrageenan, Cellulose Gum.
 *Cultured with live viable strains of *L. bulgaricus* and *S. thermophilus*

NSA CHOCOLATE

Nutritional Facts	
Serving Size 4 oz. (1/2 cup) (86g)	
Amount Per Serving	
Calories 70	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 16g	5%
Dietary Fiber 3g	8%
Sugars 5g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.	

Ingredients: Nonfat Milk, Sweet Whey, Cultured Lowfat Milk, Maltodextrin, Sorbitol, Polydextrose, Whey Protein Concentrate, Cocoa, Sweet Buttermilk, Mono & Diglycerides, Microcrystalline Cellulose, Cellulose Gum, Guar Gum, Carrageenan, Aspartame.
 *Cultured with live viable strains of *L. bulgaricus* and *S. thermophilus*